

SUMMER

# NEW YOU

THE VOICE OF HEALTH & BEAUTY

**Reboot  
Your  
Booty**  
p.33

**Sugar  
Crush  
Fantasy**

**O-Shot  
Hits the  
Spot**

**Ashley  
Tisdale**

*gets out of her  
comfort zone*  
p.96

\$9.98 US \$10.95 CAN



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DISPLAY UNTIL 08/29/16